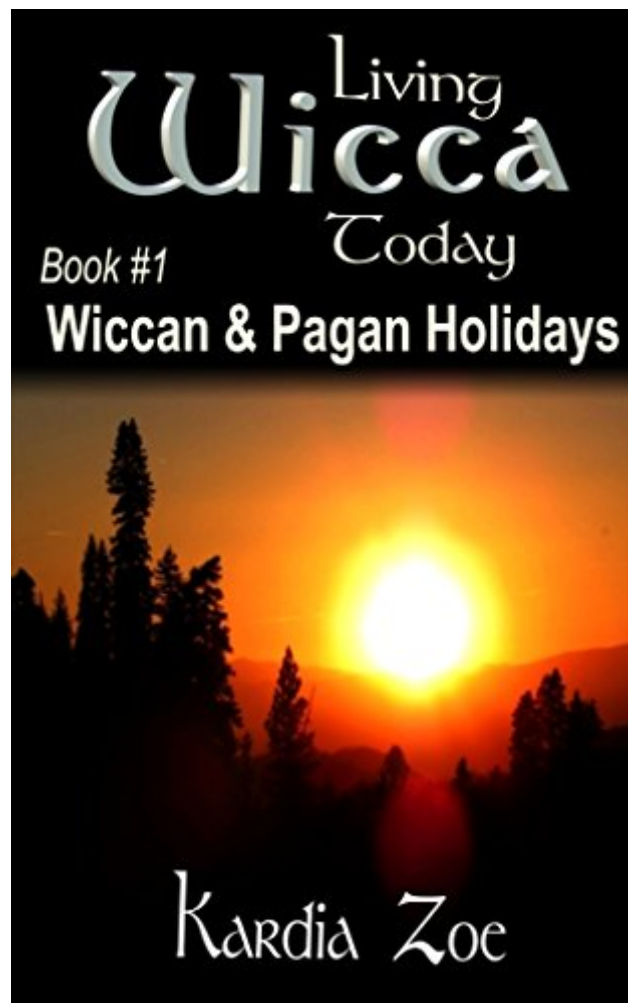


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# Wiccan & Pagan Holidays: An Easy Beginner's Guide To Celebrating Sabbats And Esbats (Living Wicca Today Book 1)



## Synopsis

Do you need an easy, accurate guide to celebrating the Sabbats and Esbats? In this book, you'll discover simple ways to enrich your life by connecting with the Divine in nature. As you attune yourself with the seasons of the Earth, you'll begin to experience her magic in meaningful and satisfying ways. *Wiccan & Pagan Holidays* is a quick reference guide to the 21 Wiccan Sabbats and Esbats that make up the Wheel of the Year. You'll find holiday folklore, activity suggestions and even recipes for your Wiccan celebrations! The author is Kardia Zoe, co-founder of one of the oldest and largest information sites for Wicca and Witchcraft on the Internet. The website averages over 2,000 unique visitors per day and she has been providing these guests with guidance since 1997. This book will provide you with a clear, accurate understanding of the traditional beliefs and practices so you can move forward with confidence on an amazing journey into the enchanted world of Wicca. NOTE: The information in this book draws from the popular *Living Wicca Today* e-course, Sabbat articles Kardia has written over the past ten years for the Inner Circle newsletters and helpful Pagan holiday material from her website. Enjoy!

## Book Information

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## Customer Reviews

This is an ideal read for anyone who is looking to connect and become more in tune with Mother Earth and her changing seasons. Everything is simply explained and easy to understand. I loved Kardia's emphasis on us not becoming caught up with following other people's practices or worrying whether we are honouring the Divine in the right way or not. The importance is to celebrate and appreciate the turning of The Wheel of the Year in a way that feels right to you. This book is a good starting point for helping you personalise your own spiritual journey with Mother Earth.

Kardia Zoe is the perfect author to introduce people to the beautiful practice of Wicca. Her writing style is intimate, clear and filled with lots of great ideas regarding how we can celebrate the Sabbats and Estabats. The thing I appreciate most is her attitude that if it works for you, then do it. If it stresses you out or makes you feel uncomfortable then don't do it. The best teachers of Wicca I know say that the Craft is a very personal practice and no two people follow it in the same way. The beauty of this first volume is that it has TONS of ideas that will help those new to the Craft to develop their own way of celebrating the Wheel of the Year, connecting with the Divine, and becoming more in tune with the power of nature. Well done!

I was very impressed with the knowledge and down to earth style Kardia Zoe showed in writing this book. She gave history, tidbits, recipes, crafts and educational information that leaves a reader eager for the next Sabbat, Esbat, festival, or any other celebration. The book is family oriented, and actually brings everyone together with things for each member to be part of. I have been studying Wicca for fifty years and I still learned some things from the author's own research, knowledge, and experience. This book can be a great introduction for those who are interested in exploring what Wicca is all about, yet, it is also fun to go through the pages and gather insight and new ideas for those who have been practicing Wicca. The book is written in a way that appeals to all types of readers and all age groups. I will be looking forward to reading more books from Kardia.

This was a great book for the person that is wanting to start learning more about the pagan and wiccan holidays. I especially love that there are activities and recipes for food for each specific holiday. I will be using some of these recipes to share in my rituals with the divine. I do wish there was more history about each holiday and a list of any particular deity that could be invoked during that rite. Even with that said, I love this book and have actually learned more than I was expecting. A must read for any new witch, pagan, or open minded religious person wanting to expand their

religious knowledge.

If you're looking for another self-proclaimed end-all-be-all of Wiccan rites, then this book isn't for you. It was a relief to read, as it was reassuring that tradition need not be set in stone and it encourages the reader to celebrate in their own way. It perfectly embodies the "An' ye harm none..." rede by clearly focusing and emphasizing the importance of intent. Also, it phrases in a way that is easy for a beginner or curious non-practitioner to understand. In all, a must for beginners and anyone who is looking for quick information that isn't surrounded by fluff. As an added bonus, there are several recipes and suggestions for activities during the Sabbats and Esbats.

I like that the author recognizes that our rituals and celebrations can be just as meaningful when personalized. I feel my deepest connection with Mother Earth and Father Sky at the most unexpected times.

I enjoyed this book as a fast, friendly and easy read for those just starting out. As a Pagan and Rootwork practitioner of over 40 years, I have seen an explosion of information over the last decades for the varying paths that are followed by modern people. Some are accurate and helpful, others are absolutely not. This offering, with only small issues, is an excellent guide for those starting on a Pagan or Wiccan lifestyle. I don't consider myself a "Wiccan" and find many books since the 1970's that lean Wiccan aren't as helpful for students I have taught the less "modern" path. This book however, would be a welcome addition to my library for seekers and students to read, especially as a simple guide for symbols, herbs, incense and stones utilized during Sabbats. I would have liked to see more information regarding meditation and grounding oneself in the Energy/Spell Work chapter, but perhaps that is more advanced than the purpose of this guide's mission.

Regardless of religious preference or spirituality Wiccan & Pagan Holidays is a must read. Both entertaining and educating with a trip back to a simpler time in mankind's history. Inundated with electronic and digital gadgetry most of us have forgot the things we have to be thankful for and how our ancestors carried on in their daily lives. This book could just get us back to a "magical" way to live and celebrate our Creator and be thankful for the truly important times in our lives. Who among us couldn't use some help recalling seasonal wonders and teaching our children to be thankful and how to give thanks instead of always asking for more. Me. Kardia has given us all a gift with the

wonderful information in this book.

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